Hyojeong Cosmic Blessing Festival

天地人참부모 孝情

天宙祝福祝祭

Hosted by the True Parents of Heaven, Earth and Humankind

40-Days Jeongseong WORKBOOK





40-Days Jeongseong WORKBOOK



Introduction

As newly blessed couples, you are now standing at the starting point of a new chapter of your life. We would like to congratulate you and your family for receiving this once in a lifetime gift that you will keep with you for eternity.

The path of the Blessing is a most valuable course to undertake. Remember that this is not the end point of your life of faith, but the beginning of realizing it. It is the time for which God has been waiting for all these years in order that you may understand Him better, and His love in its truest form; and in order that He may be one with you and your couple entirely. It is an opportunity for you to feel and understand true love, create an ideal family of your own and continue Heaven's lineage.

As such, we would like for you and your couple to take the right steps as you journey this path. We hope that this guide book will help you establish a firm foundation for your life together with your spouse after the Blessing during this 40-days period after the Blessing.

Follow These Steps while using the Guide Book

1. Read the short *hoondokhae* passage designated for that specific day.
2. Think about the content you have read and reflect on the main message Heavenly Parent and True Parents want to convey to you through these Words.
3. Write 3 action steps based on the *hoondokhae* passage.
4. Practice those action steps during the day and at the end of the day, evaluate how well you have practiced those action steps. Write down your reflection.
5. Compliment yourself for what you have accomplished throughout the day in practicing those steps.
6. Share with your spouse what you have learned or felt during the day.
7. Practice the "couple exercise" once or twice a week as indicated in this workbook.



Couple Exercise

1. Visit or call your parents-in-law.

   You can do one of these activities together: sing, dance, give them a back massage, play a traditional game or board game, cook them their favorite food, etc.

2. Make a life plan for your couple as a blessed family

   Draft a plan and discuss with each other how you would like to lead your life as a blessed couple to and create an ideal family, when you would like to start your married life, and how you will establish True Parents' tradition in your family.

3. Holy Ground Pilgrimage

   Visit a nearby Holy Ground, and offer a prayer there. Take pictures to preserve the memory.

   If you cannot go together to the same place due to living at a distance from each other, visit separate Holy Grounds, take pictures there and share them with each other during your next video call.

4. Meet with your trinity members

5. Write a diary of gratitude and diary of love

   - Write you diary of love every day on how you are growing in your heart and how your love is expanding in your couple centered on Heavenly Parent and True Parents.
   - Write your diary of gratitude every day to give thanks to your parents or your spouse.

6. Do a volunteer activity, a service project or something for others as a couple

7. Participate in a blessed family community

   Create or participate in a community of blessed families.

   This is an opportunity to meet older blessed couples and families and naturally share experiences, advice and guidance. This creates a community of the culture of heart.

8. Create a bucket list as a couple and work on completing it together

9. Other: create your own exercise!

Sample First Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

In the Unification Church, we call marriage the "Blessing." The life of a married person is such that a man and woman who had been alone on their path to seek love abandon that path and stand as complements to each other– comforting each other when they feel lonely, sharing joy together when they feel joy and giving each other strength during difficulties. In this way, one becomes the right foot and the other the left; one becomes the right hand and the other the left. Together they praise God, saying they are moving forward with God's love superimposed on the theater of their lives. (101–033, 1978.10.28)

(Cheon Seong Gyeong 5.2.2.10, p. 505)

What did you feel during the Blessing Ceremony?

Even though the Blessing itself was really tiring, I am really thankful for that day. It is different from other marriages. It was overwhelming in a good way. There were so many things going on but I was able to feel how great it was and realized how we should be giving happiness to God and True Parents, to both sets of our parents and family members.

Today's action steps

1. Call my spouse
2. Offer a prayer of gratitude to God
3. Set up goals with my spouse

Today's diary of gratitude and love

Diary of Gratitude

I am grateful to Heavenly Parent and True Parents for guiding me and giving me the Blessing with such a wonderful person as my spouse is. She is an incredible person and I am excited to build my life with her.
I feel such a happiness through her, and responsibility at the same time. Even though my life was not clearly oriented toward God's will before, from now on I will do my best to inherit the tradition centered on Heavenly Parent and True Parents and love my wife dearly.
Regarding praying, I enjoy the time of tranquility when I can totally focus on my Blessing and share my heart with Heavenly Parent. Thank you my beloved partner and Heavenly Parent.

Diary of Love

To my eternal partner,

As I saw your smile today, I felt your sincere love. Your smile made me really happy. I will do my best to make you smile every day. Thank you and I promise to love you forever.

First Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

In the Unification Church, we call marriage the "Blessing." The life of a married person is such that a man and woman who had been alone on their path to seek love abandon that path and stand as complements to each other– comforting each other when they feel lonely, sharing joy together when they feel joy and giving each other strength during difficulties. In this way, one becomes the right foot and the other the left; one becomes the right hand and the other the left. Together they praise God, saying they are moving forward with God's love superimposed on the theater of their lives. (101-033, 1978.10.28)

(Cheon Seong Gyeong p.505)

What did you feel during the Blessing Ceremony?

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Second Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

The Blessing is not just for people. Nor is it just for heaven and earth. God bestowed the Blessing by investing everything from the foundation of His internal heart. If that Blessing had been realized exactly as He had planned, the glory of victory would have filled heaven and earth. Amid such a world, God would have rejoiced in the families of people who embodied Him and fully inherited His heart. Upon establishment of that family-level foundation, humanity would have accepted the holy enterprise of Heaven as its own holy enterprise, and people would have built the eternal and infinite blessed land of happiness. This was God's ideal and desire. (Cheon Seong Gyeong p.1175)

Why does God want to give the Blessing to humankind?

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Third Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

After you marry, you cannot behave just as you like. You should live in such a way that you can receive the love of God. Human beings are born as a man or a woman for the sake of love. The husband and wife are to become one through love. What happens when two beings, separated according to the dual characteristics of God, come together in a perfect union? They receive the love of God. In order to receive God's love, a woman unites with a man and a man unites with a woman. Otherwise there is no way to encounter God's love. Only through God's love can you stand in the same place He stands. You are able to stand next to God. Why did God request this degree of love from Adam and Eve? It is because only based on this degree of love can people unite as one with God. Conjugal love is meant to connect with God's love. When you receive God's love, you can stand in the same place as He. In the presence of the concept that is called conjugal love, a man and woman stand firmly in the same position. In love, two become one. They cannot depart from each other. They have collective responsibility always.

(Cheon Seong Gyeong p.310)

Do you think that husband and wife stand in the same position before Heavenly Parent? Why or why not?

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Fourth Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

Man was born for woman; woman was born for man. A woman keeps a man's most precious treasure; a man keeps a woman's most precious treasure. They exchange these treasures with each other. Because a man entrusted his treasure to the woman, he cannot separate from her. Because a woman entrusted her treasure to the man, she cannot separate from him. This is the linkage of love. Therefore a woman is the owner of a man's love, and a man is the owner of a woman's love. Throughout history, men and women have been unfaithful to each other. Furtively they steal from the owner, and now the whole world is corrupt and in decline. The woman has the key to the man's love, and the man has the key to the woman's love. (Cheon Seong Gyeong p.312)

What is the main message of this passage?

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Fifth Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

What kind of love is true love? The original nature of true love is not to focus on first receiving for one's own sake, but on giving first for the sake of others and for the whole. True love is a love that gives without remembering having given, and continues to give. It is love that gives happily. A mother feels love and joy in her heart while nursing her baby. A filial son feels joy while making sacrifices for his parents out of love.

(Cheon Seong Gyeong p.275)

What does true love mean according to your understanding?

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Sixth Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

How shall we describe God's love? It is like being enraptured by a warm spring day with white clouds floating gently in the sky. The air shimmers above the ground, insects crawl around, and ants scurry about, exploring the world. Beside a flowing stream, pussy willows bloom, frogs sing songs of spring, and bees and butterflies flit about. It feels as if you are drifting off to sleep, but you aren't sleeping. You are awake and in a happy mood, rejoicing in the beauty around you. God's love has such a flavor that lasts forever. Our mood as we focus on becoming the ideal object partner for whom God is seeking is like our mood in that flower garden with the fluttering butterflies and buzzing bees. (Cheon Seong Gyeong p. 263)

What is God's true love?

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Seventh Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

Do you have eternal love in your heart? Have you arrived at the position where you can say, "God's love has come to me. It will never change. Though heaven and earth may change, this promise does not change?" That's where you have to be. God's love appears in places that do not change. God's love is unchanging, so we can say it is eternal. Because it is unchanging love, if it comes to you, it comes on the foundation of your having also developed an unchanging heart. Therefore throughout your life, everything you eat, you should eat for that love; you should sleep for that love; everything you do should be only for that love. If you have a perfect, unchanging standard for the sake of love, God's love will appear. If that don't happen, all the promises of the universe are proven false. (Cheon Seong Gyeong p.265)

Why do couples need to live a life centered on Heavenly Parent's true love?

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Eighth Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

There is no fundamental difference between the loving hearts of a grandfather and grandmother, those of a father and mother or those of a son and daughter. It is the same love. If the grandchildren barge into their grandfather and grandmother's room, the grandparents are happy; and even if the father and mother barge into their room, the grandparents are happy. Because there is such a principle, grandparents love their grandchildren even more than they love their children. So as the grandchildren grow up, they prefer their grandparents raising them to their parents raising them. The logic, principle and formula lead to this. A family based on the ideal of the four-position foundation is a unified realm of rounded, balanced love. The unified world is found within the ideal family. (Cheon Seong Gyeong p.301)

Write about your grandparents and your memories of time.

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Ninth Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

What is true love? This is love for the sake of others. It gives and gives for a thousand years and wants to forget how much it has given. It does not remember. In the world of love, output is greater than input. Parents will say to their son when he leaves the house, "Son, watch for cars when you cross the road today," even if he is seventy. Even at ninety years of age, parents will never tire of this; they will continue to say it every day, even to eternity. This is love. Knowing that parental love is like this even in our fallen world, do you think you would get tired of loving when you are in the original world of God's love? This is the first step in establishing our life's realm as God's true object partner. When we come to know that God's love is eternal and unchanging, from our experience with human love we can deduce the logic of eternal life. We conclude that by centering on true love, we live for eternity. (Cheon Seong Gyeong p.306)

Write three sentences expressing appreciation for your parents.

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Tenth Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

What kind of person can we call a filial child? The son who treats his parents as they treated him is a filial son. A filial son moves Heaven. Even though parents devote themselves to raising their children, if the children don't care about their parents, that family will go to ruin. In order to gain a return on their investment, they need to establish an objective standard based on the principle of giving and receiving. When that happens for the first time, God will come and dwell in that place and the kingdom of heaven will be realized. What kind of children can reside in the kingdom of heaven? They are those who pay the debt of parental love on their own. When their parents become old and senile, the sons and daughters should endure the difficulties of their care without feeling it is difficult. They should possess the same heart their parents had toward them when they were little, cleaning up their urine and feces. This is what it means to be children of filial piety. (Cheon Seong Gyeong p.323)

What is your understanding of a "filial child?" What kind of person is a true filial child?

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Eleventh Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

In love there is no end. A love that has expired and come to an end is not love. If you asked your beloved spouse, "Dear, do you love me? How much do you love me?" and your husband or wife replied, "I love you just this much," you would feel bad. This is because in love there should be no limit. Self-centered love cannot last even one day. Why do a husband and wife fight? It is because each of them wants to receive love from the other. A relationship between those who try to receive love from the other cannot last long. A family in which everyone tries to receive love breaks apart, but a family in which everyone tries to give love to the others will never break apart, even if someone prays that it will. The love in which each tries to give to the other is eternal.

(Cheon Seong Gyeong p.281)

How do you think you can create eternal love with your spouse?

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Twelveth Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

Man is the subject of life who contains the seed of life that woman receives. This is why we say that man represents the east and woman the west. The sun rises in the east and the west receives the sun. An axis plus east and west together make four directions. Up and down, east and west form a cross but not a sphere. That's why we need brothers and sisters. Through brothers and sisters a nation arises and all humankind arises. So it is brothers and sisters who form the sphere. Brothers and sisters expand to become a people and the world. So the love of siblings is connected with the love of the world. A family in which many brothers and sisters grow up is like the model needed to create the ideal, the kingdom of heaven, the kingdom of God on earth and in heaven. (Cheon Seong Gyeong p.326)

What is the meaning of 'One family under God' according to your understanding?

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Thirteenth Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

There is no one on earth, from the individual to all of humankind, who does not desire to be good. That is why people throughout history and to this day have been aspiring to goodness. Educators and people of faith have endeavored to establish the standard of goodness. Therefore, when we are born we should be born for goodness, when we live we should live for goodness, and when we die we should die for goodness. This is the purpose of our life. It is not only the purpose of our life; it is also the purpose of history, which is entwined with the life of every human being.

(Cheon Seong Gyeong p.381)

What is the purpose of life?

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Fourteenth Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

The most serious issue in human life is to know whether or not God exists. If God really exists, the greatest of sinners is the one who denies His existence. For example, if a son denies his parents' existence when they are truly alive and well, would we call him a filial son or an unfilial son? We would call him an unfilial son. Then, what will happen to the person who denies God's existence, even though God exists? That person will come to ruin. Hence, there is no greater sin than the denial of God's existence. There are even those who say God is dead. There is no sin greater than the utterance of such words.

(Cheon Seong Gyeong p.23)

What kind of relationship do you have with Heavenly Parent?

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Fifteenth Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

God was supposed to have emerged as a glorious being. Our joy should have been God's joy, and God's joy should have been our joy; this would have been the ideal of creation. But due to the Fall that ideal was lost, and God ended up miserable. The God who appears to us is not the God of glory. He is incomparably more wretched and deserving of pity than anyone in all of history. God originally should have been the God of glory, but since the day of the Fall His situation has been the opposite. God should have been able to entrust everything to human beings, and we should have been able to entrust everything to God; but this sort of open relationship with God became impossible. How deeply painful it is for parents if their children see them in deep misery. Accordingly, God does not want to reveal His painful heart and situation to His children. Though He is toiling endlessly, He does not want to show His sad face. (Cheon Seong Gyeong p.94)

Have you ever had an experience when you felt that Heavenly Parent was in sorrow? Why do you think He would be in sorrow?

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Sixteenth Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

God is the Absolute Being. Therefore, He must accomplish what He has purposed, and He must bring His Will to pass. In order to rectify the situation that arose after the Fall, God must put Adam and Eve into a repair shop, remake them into people who can receive God's original love, and place them in the ideal positions they had prior to the Fall. Then, having restored them as the Parents, God must connect all His children to them. Because God is in the situation where He must do all this, He had to begin the providence of salvation. (Cheon Seong Gyeong p.100)

Why did God have to begin the providence of salvation?

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Seventeenth Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

The path of religion is to enable people to start living centered on God's Will. Therefore, religions exist for people to follow the way of God's Will. Because God's Will is absolute, it is eternally one. It cannot be two. Therefore, the person who lives centered on God's absolute Will is living the life of the kingdom of heaven on the individual level. A family that lives that way is living the life of the kingdom of heaven on the family level, together with God. If all people throughout the world live in unity, focusing on God's Will for the world—beyond the levels of one people or one nation—the world will become the kingdom of heaven on earth. (Cheon Seong Gyeong p.110)

What is the reason for the existence of religions?

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Eighteenth Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

The reason God continues to lead providential history, even repeating it, is to inspire people to respond to His providence. Only in this way can He stand in front of humankind as the God of the ideal. Yet to human beings who live in the realm of Satan, God appears as the fearful God of judgment. To attend God as the God of the ideal, we must be able to experience the grief that was caused Him by the human Fall. We must be able to establish a relationship in which we can abide with Him in His grief. Otherwise, God cannot appear to us as the God of the ideal and cannot appear to us as the Lord of the ideal of creation. On the way to attend the God of the ideal, our path requires that we fight the evil forces that constantly try to block us. This is the path of restoration through indemnity that is required of fallen human beings.

(Cheon Seong Gyeong p.112)

Why do you think that following a religious path is difficult?

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Ninteenth Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

For God's Will to be realized, Parents need to come—not fallen parents, but True Parents. You cannot just accidentally stumble upon the words True Parents. This is something that did not emerge in history until now. Its impact will be far beyond that of a revolution. It is a momentous event, akin to a miracle. The reason we can use the title True Parents, especially the word "true" is because they emerged possessing a love that surpasses the love of the countless parents that have come and gone, a love that has never before seen expression. This is the standard they represent, and that is why we can use the name True Parents. (Cheon Seong Gyeong p.137)

Who are True Parents to you?

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Twentieth Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

True Parents must emerge in history. The one who carries out this historic mission is the Savior and the Messiah. What does he save? Not our physical bodies by making them last forever. Rather, he enables us to fulfill our hope for ideal love. To achieve this, the Messiah must come as the True Parents. Christianity teaches that Jesus is the Messiah and Savior. What does he need to do in order to come as the True Parents? We know he cannot do it alone. He comes as a man representing the True Father. This is why Jesus said that he was the only begotten Son of God. When the only begotten Son comes, it will not suffice if he is alone. There has to be the only begotten Daughter. The only begotten Son and Daughter would love and marry each other, at the place where all can rejoice with God. Upon their marriage, God, the vertical Parent, would rejoice, and the only begotten Son and Daughter would rejoice as the bride and bridegroom. Then, as the horizontal Parents, they would give birth to children on earth.(Cheon Seong Gyeong p.143)

Why do you think True Parents needed to come?

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Twenty-first Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

The hope of all humankind is to meet the True Parents. This encounter with the True Parents is the fruit of history, the center of this age and the foundation for the future. You who are engrafted to them will become their branches. Up to this point, all the hopes of the ages in history have focused on the future, but the opportunity to connect with True Parents during your lifetime happens only once in eternity. This is a precious chance that comes only once. Your ancestors did not have it; nor will your descendants. Your hopes do not lie anywhere else. You are to become the devoted sons and daughters of the True Parents. In the future, the True Parents will hold the position of the King of kings on earth. That is why the place where you meet True Parents is the center where all hopes come to fruition, be it the hope of humanity, the hope of history or the hope of the present era. Your hopes do not lie elsewhere. (Cheon Seong Gyeong p.168)

Why is it important for all people to meet True Parents?

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Twenty-second Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

When we talk about the true path of faith, "true" means there is only one path. What then, is the object of our faith? It is the absolute God. A life of faith is about seeking and finding the destination of hope desired by God, in accordance with His Will. A life of faith is not about what I want; it is not about the desire of those who lead a life of faith. Confusion has occurred within the global community of faith because people have not understood that a life of faith should be centered upon accomplishing God's Will, not centered upon oneself. (Cheon Seong Gyeong p.811)

What is a life of faith and why do we need to maintain/develop one?

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Twenty-third Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

Human beings should be able to call God "my Father" from the position of His true sons and daughters. This is the hope of humankind, the hope of all creation and the hope of God. Therefore, we are destined to work for the restoration of this relationship, so we may live on earth as true sons and daughters of God. As of now, our only wish is to build our relationship with God as our parent, based on true love.

(Cheon Seong Gyeong p.805)

What is the purpose of a life of faith?

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Twenty-Fourth Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

There are two types of religious people in the world. One type is those who hide their shortcomings and seek material comforts, blessings and the welfare of their own religious denomination or people. Religions that focus on receiving blessings will disappear. Since we came to know this, the Unification Church emphasizes personal sacrifice to help God and liberate Him. What is to be achieved through unification? It is the liberation of God. Originally the true God, in the ideal world under His dominion, would have sung songs of praise and happiness with the first human ancestors, who would have attended Him. But instead, because of God's miserable situation, we seek to liberate Him. This is an amazing plan. That such an idea has emerged in the realm of religion is tremendously joyful news to God. (Cheon Seong Gyeong p.796)

How different, do you think, the teaching of True Parents is from those of other religions? Please give one example.

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Twenty-Fifth Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

Please do not say, "I am going to church because of so and so." People who say, "I am going to church for my beloved sons and daughters" or "for my beloved husband or wife" will not be able to sustain their faith. They should rather go to church for God's sage. Why then do you go to church? It should be because of God. You should go to church to make God your own and to find God's love and make it your own.

(Cheon Seong Gyeong p.1157)

Why do you think it is important to attend Sunday service?

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Twenty-Sixth Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

When you come early for church service, the extra time is an offering to God. Its value is beyond compare and cannot be purchased even with ten thousand pieces of gold. Therefore if you come late to the service, it is as if you are stealing that time from God. You should be on time for the service. It will enable you to indemnify what you have failed to do. That way you can still stand before God. Then you can come closer to Heaven with a better heart than you had the day before. (Cheon Seong Gyeong p.1157)

How valuable do you think participating in Sunday Service is?

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Twenty-Seventh Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

God has led history for the purpose of saving you. So you should thirst for God's grace and learn to inherit it. You did not join the Unification Church based on your own merits; you joined based on the sincere devotion that God, your ancestors and the church offered on your behalf. The Unification Church has been working very hard in order to find each one of you. This huge debt must therefore be repaid.

(Cheon Seong Gyeong p.1157)

Write three sentences of gratitude to your ancestors.

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Twenty-Eighth Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

The objective of the Family Pledge is to create the backbone of the family. What are we trying to do through the Family Pledge? We are trying to attend the Heavenly Parent, who is like the backbone of the family. If we find His true love and love Him, God will come and visit our family. We should bring our mind and body into oneness and become couples whose minds and bodies are united. Then God will come and visit us. If our mind and body are fighting, God will never come to us, not ever. True love cannot exist under such circumstances. (Cheon Seong Gyeong p.1165)

Why is it important to recite the Family Pledge every day?

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Twenty-Ninth Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

The value of the Blessing can be recognized only when you fulfill your responsibility. Therefore you blessed members should not speak offensively, in the worldly way. There should be something different about you. The family is a small church. Hence your family should be, as the agency of God, a family that God would like to visit. At least three families must totally unite as one family. What I would like to say in particular is, first, that your family should be one that many people visit. Harmony among people is most important. Second, Heaven's families should build solidarity with one another. At the very least the families in your Blessing trinity should be completely united with one another.

(Cheon Seong Gyeong p.1192)

Who are the two other couples in your Blessing Trinity? Write a message to them.

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Thirtieth Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

In the family there are the four levels: grandfather and grandmother, father and mother, you and your spouse, and your sons and daughters. The world is the extension of these relationships. Thus you need to love the people of the world whose ages are similar to the people in your family, in the same way you love your family members. Just as your family loves and unites centered on the parents, so you should love and harmonize with all people according to the standard by which you love your own family members. In fact, God invested more to create His partners in love than for anything else. Likewise, you should love others even more than you love your own family members.

(Cheon Seong Gyeong p.476)

Write about memorable moments shared with your family when you were young.

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Thirty-first Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

The family consists of grandfather and grandmother, father and mother, husband and wife, and sons and daughters. When you extend this family, it becomes a nation and then the world. The vertical relationships of the family are extended horizontally to the nation and the world. All of this is gathered and knitted together, vertically and horizontally, into one place; that is the family. Therefore a home in which three generations live is a microcosm of the world. When we look out into the world, we can see people who are similar to our grandfathers and grandmothers, our father and mother, our husband or wife, and our sons and daughters. A family with three generations is thus a collaborative training center where we can learn to live in harmony with all people of the world. The family is the training ground where we can achieve a subject-object partnership with the authority to harmonize and create oneness by forging bonds of heart with the whole world, transcending nationality and race. This training takes place centered on love.

(Cheon Seong Gyeong p.486)

What does it mean that a family is a training center of love?

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Thirty-second Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

The family is a good place. It is good because our mother and father, our older brothers and sisters, and our younger siblings are there. Everyone, without exception, feels nostalgic for their hometown, and ultimately longs for their original homeland. People tend to think of their hometown more than their nation. Even though we may live somewhere in the Republic of Korea, we long for our hometown. Our hometown opens and elevates our heart. Love binds us to our hometown in multiple dimensions and in all four directions. That is, we are bound to our father and mother above us, to our spouse on the right or left, and to our sons and daughters below us. Our utmost desire is for happiness centered on love, so we cannot help but long for our original hometown. Then where is God's original hometown? The basis of His original hometown is the recognition by His son and daughter that He is their Father. That is, it is the place where His only son and only daughter, who possess His love exclusively, dwell. It is the place where that son and daughter marry to form a perfect family. (Cheon Seong Gyeong p.489)

Describe the kind of family you wish to create:

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude	Diary of Love

Thirty-third Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

Original love is the love that enables parents to sacrifice their life for their children. Their love goes beyond their own life. The origin of the universe was not for the sake of life. It was created for the sake of love, and therefore love comes first. Thus it is life that appears from love, not love that appears from life. Thus, genuine love can sacrifice life and go beyond life. This is the love of Heaven, a love that can connect with the universe. In the universe, parents who sacrifice their life for their children are unmatched true parents. (Cheon Seong Gyeong p.307)

What kind of parent do you want to become? What characteristics do you think are important?

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Thirty-Fourth Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

We are to raise our children to be people who are like God. This is the standard for education. What does it mean for a person to be like God? It is not defined by the shape of one's face, how much energy one has, or the extent of one's abilities. Being like God means loving as God loves. It requires perfecting oneself as a person and learning to love as God loves. Then what is God's love all about? If we analyze it, there are three kinds—parental love, conjugal love and filial love. That is all it is. His love is nothing other than these three kinds of love (Cheon Seong Gyeong p.549)

In what way would you like to raise your children? How will you teach them True Parents' tradition?

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Thirty-Fifth Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

Parents cannot teach their children filial piety just by words. They have to inspire a filial attitude within their children. The child cannot learn this overnight. It requires a long period of consistent influence. Parents should set an example in daily life that inspires their children to emulate them. They should be experts at inspiring this practice of filial piety, based on God's Will. (Cheon Seong Gyeong p.561)

If you cannot teach your children what you do not practice yourself, how are you going to prepare yourself become a parent in your future family?

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude	Diary of Love

Thirty-Sixth Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

Becoming a parent puts you in a position to represent God. Thus, as a teacher, you have to teach your children the principles of love, the love of the family and the ideal of the nation, and raise them to become owners of the family and nation with proper qualifications. To this day our children are being educated in schools that do not provide the most essential education. They provide technical education. The home should be the place of character education. This is where parents bequeath the original lineage. Parents have a solemn duty to establish a tradition connected to lineage with a perspective of thousands of years, and to pass it on to their children. But this is not predestined; rather, it is a destiny we are responsible to accomplish. We cannot change our mother and father. We cannot exchange our brothers and sisters. Knowing this, we need to establish the family tradition in the presence of God and bear fruit as true parents and true teachers. By this means, we are recreating a lineage based on love. After doing so, we need to leave behind us the position of true owners of a true lineage that can last forever. (Cheon Seong Gyeong p.564)

How would you like to teach your children to establish a family tradition centered on Heavenly Parent and True Parents?

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude	Diary of Love

Thirty-Seventh Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

My words will connect you with me. The more deeply you understand them, the higher the level you will reach in offering your devotions and the more the heart of God's love can dwell within you. That is why I am asking you to do hoondokhae every day. The person who says the taste of hoondokhae is better than food, that hoondokhae is better than making love, will grow infinitely. These words are a collection of the serious and intense moments of my life that were proclaimed before heaven and earth.

(Cheon Seong Gyeong p.1170)

Why is it important to do hoondokhae every day?

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Thirty-Eighth Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

From now on, whenever you do hoondokhae, do it in a group and share the reading aloud among multiple readers. One person should read one section and then designate another person to read the next section by calling out his or her name. Establish the tradition of calling each person to read next by name, You can address important points or questions the group wants to raise. You can set the standard, saying, "In today's hoondokhae the content to be studied is this, and we must absolutely maintain such-and-such as our principle. (Cheon Seong Gyeong p.1173)

Why is it important to do hoondokhae together with your children as a family?

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Thirty-Ninth Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

A tithe means that by offering one-tenth of your material possessions to God, you make a condition equal to having offered all you have. Although you do not offer everything to God, the one-tenth that you offer with sincere devotion nevertheless holds that value. By offering one-tenth as holy, God considers the remaining nine-tenths holy. The person who tithes will never perish. As the days go by, his storeroom will be filled with abundant material blessings. (Cheon Seong Gyeong p.1168)

What is the significance of tithing and why should we tithe without fail?

Today's action steps

1. Call my eternal partner
2.
3.

Today's diary of gratitude and love

Diary of Gratitude

Diary of Love

Fortieth Day

_____, _____, _____

(__.__ by the Heavenly Calendar, __ year of Cheon Il Guk)

Today's reading

If you tithe with sincere devotion, you will never starve to death. Your descendants will never suffer for want of material things. This is principled. However, you must invest devotion in your tithe. This is the essence of faith. Offering your tithe casually is not acceptable. Your offering represents your own life, so you have to offer what is most precious to you. The most precious thing to a human being is his or her life. Hence a sacrificial offering should be made as if you were offering your own life. That is why, by offering material things for the sake of restoration through indemnity, your sins can be washed away. (Cheon Seong Gyeong p.1168)

What kind of heart and attitude should you have when offering your tithe?

Today's action steps

1. Call my eternal partner
2. Read or send written letter to your eternal partner
3.

Today's diary of gratitude and love

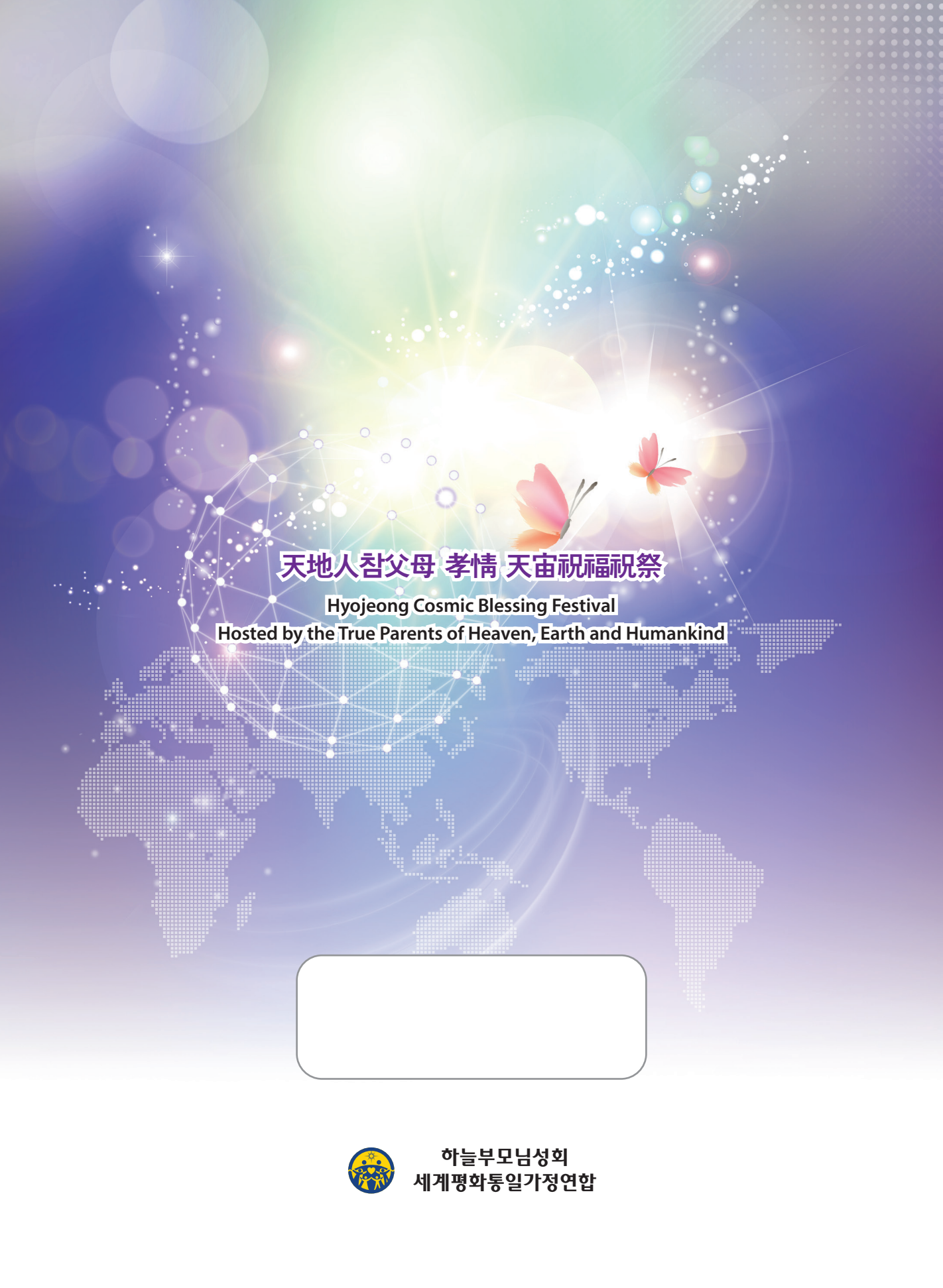
Diary of Gratitude

Diary of Love



Thank you for your sincere heart and devotion.
May you become a couple who makes Heavenly Parent
and True Parents their center and raise a family
that will help build a world of peace.

Wishing you a joyful Blessing Day



天地人참父母 孝情 天宙祝福祝祭

Hyojeong Cosmic Blessing Festival

Hosted by the True Parents of Heaven, Earth and Humankind

하늘부모님성회
세계평화통일가정연합